

Swimming MP3

Catalog

Swimming MP3	1
OpenSwim	1
Basic Introduction	1
How do I turn on/off my OpenSwim(formerly Xtrainerz)?	1
How long does it take to charge my OpenSwim(formerly Xtrainerz)?	1
Control Guide	1
How do I check the battery status?	1
How do I change the voice prompt language?	1
How do I adjust the volume?	2
How do I pause/play a song?	2
How do I skip to the previous/next song?	2
Can I use OpenSwim(formerly Xtrainerz) headphones for calls?	2
TroubleShooting	2
My OpenSwim(formerly Xtrainerz) keeps the LED light all the time	2
The headband on my OpenSwim(formerly Xtrainerz) is snapped.	3
My OpenSwim(formerly Xtrainerz) isn't charging.	3
My OpenSwim(formerly Xtrainerz) isn't lasting 8 hours.	3

OpenSwim

Basic Introduction

How do I turn on/off my OpenSwim(formerly Xtrainerz)?

To turn on, press and hold the Multifunction/Power Button for 3 seconds. Audrey says "Welcome to Shokz"

To turn off, press and hold the Multifunction/Power Button for 3 seconds. Audrey says "Power Off"

How long does it take to charge my OpenSwim(formerly Xtrainerz)?

OpenSwim(formerly Xtrainerz) takes about 2 hours to charge from 0 to 100 percent. They arrive out of the box at approximately 50 percent charged. The LED light will turn red into blue when the headphone finishes charging.

Control Guide

How do I check the battery status?

When you power on the OpenSwim(formerly Xtrainerz), the voice prompt announces the battery levels. When the OpenSwim(formerly Xtrainerz) is in use, click Volume"+"/"-" while music is paused and a voice prompt "Charge me" announces if the battery needs to be charged. The LED indicator flashes red every 5 seconds when the battery needs to be charged.

How do I change the voice prompt language?

Press and hold volume"+" and volume "-" buttons for 2 seconds to select the language that you use.

How do I adjust the volume?

For the playing volume, click the volume+ or volume- buttons to turn up or turn down volume levels while music is playing.

For the beep volume, it is the default volume set in the factory and can't be adjusted.

How do I pause/play a song?

To pause, click Multifunction/Power Button while music is played. You'll hear one beep.

To play, click Multifunction/Power Button while music is paused. You'll hear one beep.

How do I skip to the previous/next song?

Press and hold Volume"+" for 2 seconds while music is playing. You will hear one beep. The track will skip to the next one.

Press and hold Volume"-" for 2 seconds while music is playing. You will hear one beep. The track will go back to the previous one.

Can I use OpenSwim(formerly Xtrainerz) headphones for calls?

OpenSwim(formerly Xtrainerz) headphones do not assemble Bluetooth nor microphone, thus not possible to use for phone calls.

TroubleShooting

My OpenSwim(formerly Xtrainerz) keeps the LED light all the time

We suggest that you can charge OpenSwim(formerly Xtrainerz) and put them on a dry place for a few days. If the LED light still on, you can file a warranty claim [here](#) within 2-year warranty period.

The headband on my OpenSwim(formerly Xtrainerz) is snapped.

If you OpenSwim(formerly Xtrainerz) is snapped on the headband, you can file a warranty claim [here](#) within 2-year warranty period.

My OpenSwim(formerly Xtrainerz) isn't charging.

Check the Pogo Pins of the OpenSwim(formerly Xtrainerz) and the terminals of the USB Charging Cradle are dry and clean, and make sure they are in contact with each other. If the OpenSwim(formerly Xtrainerz) continues to not charge, you can file a warranty claim [here](#) within 2-year warranty period.

My OpenSwim(formerly Xtrainerz) isn't lasting 8 hours.

The battery will be affected by the usage time. The last time is based on many factors, including battery, volume, environment and so on. More details kindly [contact us](#) or email at customer.service@shokz.com